

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2018-18

SYLLABUS DISTRIBUTION

Type of Assessment TERM I UT 1 - 1.8.2018(MAIN) , 4.8.2018 (OPT)

CLASS : XI

SUBJECT :PSYCHOLOGY

PRESCRIBED TEXT BOOKS:INRODUCTION TO PSYCHOLOGY (NCERT)

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
Ch- 1 What is Psychology?	Ppt, B.B, Reference books	Case studies, group discussion, MCQs	Yes, it will be managed in psy Lab. Itself.	Students will understand the nature and role of psychology in understanding mind and behaviour. They will know the different fields of psychology, its relationship with other disciplines, and professions. They will know the value of psychology in daily life to understand themselves and others better.	Empathy Better understanding about themselves Confidentiality
CH-2 Methods of enquiry in psychology	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		This chapter explains the goals and nature of psychological enquiry. Students will understand different types of data used by psychologists & important methods of psychological enquiry. They will understand the methods of analysing data, and learn about the limitations of psychological enquiry and ethical considerations.	Adaptation Cooperation Time management Building trust

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2018-18

SYLLABUS DISTRIBUTION

Type of Assessment Mid Term Examination : 8.9.2018(main), 20 .9.2018 (OPT)

& Practical: 28.8. 2018 (main), 029.8.2018 (opt)

CLASS : XI

SUBJECT

:PSYCHOLOGY PRESCRIBED TEXT BOOKS: :INRODUCTION TO PSYCHOLOGY (NCERT)

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
Ch- 1 What is Psychology?	Ppt, B.B, Reference books	Case studies, group discussion, MCQs	Yes, it will be managed in psy Lab. Itself.	Students will understand the nature and role of psychology in understanding mind and behaviour. They will know the different fields of psychology, its relationship with other disciplines, and professions. They will know the value of psychology in daily life to understand themselves and others better.	Empathy Better understanding about themselves Confidentiality
CH-2 Methods of Enquiry in psychology	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		This chapter explains the goals and nature of psychological enquiry. Students will understand different types of data used by psychologists & important methods of psychological enquiry. They will understand the methods of analysing data, and learn about the limitations of psychological enquiry and ethical considerations.	Adaptation Cooperation Time management Building trust
Ch- 3 The basis of human behaviour STM	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		Students will understand the evolutionary nature of human behaviour and relate the functions of nervous system and endocrine system to behaviour. They will understand the role of genetic factors in determining behaviour and role of culture in shaping human behaviour. This chapter describe the processes of enculturation, socialisation, and acculturation, and relate biological and socio-cultural factors in understanding human behaviour.	Mutual respect Better understanding About themselves Inter-cultural & multi-Cultural harmony

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2018-18

SYLLABUS DISTRIBUTION

Type of Assessment- Term 2 Unit Test –2

24.12.2018(MAIN) , 28.12.2018 (OPT)

CLASS : XI

SUBJECT :PSYCHOLOGY

PRESCRIBED TEXT BOOKS:INRODUCTION TO PSYCHOLOGY (NCERT)

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
Ch- 4 Human development	Ppt, B.B, Reference books	Case studies, group discussion, MCQs	Yes, it will be managed in psy Lab. Itself.	Students will understand the influence of heredity, environment and context on human Development. They will understand the stages of development and major characteristics of infancy, childhood, adolescence, adulthood and old age	Love Empathy Listening Acceptance Cooperation Trust joy gender sensitvity
Ch- 5 Sensory, attention & perceptual processes	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		Students will understand sensory, attentional and perceptual processes in everyday life. They will know the processes and types of attention. They will analyse the problems of form and space perception and examine the role of socio-cultural factors in perception.	Empathy Compassion Acceptance Love
Ch- 6 Learning	Ppt, B.B, Reference books	Case studies, group discussion, MCQs	Yes, it will be managed in psy Lab. Itself.	Students will understand the nature of learning and different forms of learning. They will understand various psychological processes that occur during learning. They will know the determinants of learning, and familiarise themselves with some applications of learning principles.	Understanding Awareness Empathy cooperation

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SESSION -2018-18

SYLLABUS DISTRIBUTION

Type of Assessment Final - ---2.2018 (MAIN) , -----2.2018 (OPT) & Practical: ----- 2018 (main), -----2018 (opt)

CLASS : XI

SUBJECT :PSYCHOLOGY

PRESCRIBED TEXT BOOKS:INRODUCTION TO PSYCHOLOGY (NCERT)

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
Chapter 1-6 & Ch- 7 Human Memory	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		Students will understand the nature of memory and distinguish between different types of memory. They will know how the contents of long-term memory are represented and organised. they understand the nature and causes of forgetting, and learn the strategies for improving memory.	Empathy Rapport formation Cooperation Trust Listening
Ch- 8 Thinking	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		Students will understand the nature of thinking and cognitive processes involved in problem solving and decision-making. They will understand the nature and process of creative thinking and learn ways of enhancing it. They will understand the relationship between language and thought.	Listening Acceptance of Differences Absence of conflict
Ch- 9 Motivation & emotion Practical (2) Project ((1)	Ppt, B.B, Reference books	Case studies, group discussion, MCQs		Students will understand the nature of human motivation & the nature of some important motives. They will understand the nature of emotional expression and the relationship between culture and emotion, and will know how to manage their own emotions.	Self-Motivation Tolerance Reconciliation Cooperation