

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2017-18

SYLLABUS DISTRIBUTION

Type of Assessment
publications

2018-19

CLASS :XI (4th august 2018)

SUBJECT :HOME SCIENCE PRESCRIBED TEXT BOOKS:HOME SCIENCE BY Laxmi

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
1 Concept of Home Science	Discussion and Interaction Reference Books	Importance of various streams	No	Self Awareness Generates curiosity Socially Interactive	Turns out to be a good human Being
UNIT III 9. Definition of food nutrition And health. 10. selection of foods for Optimum nutrition and good Health . 11. Selection and storage of Foods. 12. Food processing 13. Preparation of food	Discussion Discussion, Interaction Reference Books	Make a chart showing Various nutrients and their related deficiency Dishes to be prepared based on the nutritio value	No	Awareness about the nutrients good Meal Planner. Respect for food	Develops cooking skills keeping in mind the importance of nutrition. Learn to plan meal according to nutritional requirement
PRACTICAL WILL BE DONE WITH THEORY					

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2017-18

SYLLABUS DISTRIBUTION

Type of Assessment Mid Term Examination: 2018-19
PUBLICATIONS

CLASS :XI (20th sep 2018) SUBJECT :HOME SCIENCE

PRESCRIBED TEXT BOOKS:HOME SCIENCE BY LAXMI

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
*syllabus of UT-I & L-8 Managing emergencies UNIT IV L-14. Resources L- 15Management process L- 16. Time and Energy management L- 17 Elements and principles of Design	Interaction with the students Discussion and involvement of the students Reference Books	Tying of bandage Preservation of one or two food items Making of food based on cooking methods Give a problem and make them find alternatives for the same Using various colour schemes plan a arrangement for the roc	No No	Develops Preventive approach Good Managers Good Decisions Making Skills Time Management Learns colour sense Organized Punctuality Sincerity Code of conduct	Gets skilled in providing first aid. Manages the time properly and are able to take good decisions. Learns Aesthetic sense Becomes good Individual They are able to maintain fabrics properly and give it a good finish

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2017-18

SYLLABUS DISTRIBUTION

Type of Assessment Periodic Test 2 –: 2018 - 19

CLASS : XI()SUBJECT :HOME SCIENCE

PRESCRIBED TEXT BOOKS:HOME SCIENCE BY Sarswati publications

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
UNIT II L-2 introduction to different Stages of development L-3 infancy L-4 childhood Characteristics and behavioural problems L-5 protection from preventable diseases L -6 substitute care at home and outside L-7 special needs of Differently abled	Discussion Discussion about questionnaire Reference Books	Observation of infant for studying milestone. Chart based activity on principles of development. Making of project on diseases Oral representation (needs of differently abled)	Y	* Show concern * Become understanding *Awareness * Appreciating Respect for elders * Maintains hygier	* Become a good human being with concern and awareness * Learns to take precautions

SUMMER FIELDS SCHOOL, DLF CITY, PHASE-I, GURGAON

SESSION -2017-18

SYLLABUS DISTRIBUTION

Type of Assessment Final : 2017 -18CLASS :XI (22th feb2018)

SUBJECT : HOME SCIENCE

PRESCRIBED TEXT BOOKS:HOME SCIENCE BY Laxmi Publications

LESSON / TOPICS COVERED	TEACHING AIDS USED	ASSOCIATED ACTIVITY	AV REQ. Y/N	VALUE(S) INHERENT IN THE CHAPTERS	LEARNING OUTCOME
UNIT V 18.. Introduction to fibre Science 19. Fabrics construction 20. Finishing of fabrics	Discussion and involvement of the students Reference Books	Using various colour schemes plan a arrangement for the room Identification of different fibres Techniques of Finishes	No	Learns colour sense Organized systematic Learns Identification Becomes Conscious Self Awareness	Learns Aesthetic sense Becomes good Individual They are able to maintain fabrics properly and give it a good finish
21. Respect for girl child 22. communication: concepts & methods * Complete syllabus will be tested for final examination.	Discussion and involvement of the students Reference Books	Problems faced by girl child with growing age		Gender equality, creative approach	Respect for women, conflict resolution